

Essential Packing List for 2 Weeks: Carry-On Only! (Women)

Clothing:

- 8 - 10 Tops (mix of tank tops, short-sleeve, long-sleeve, and layering pieces)
- 4 Skirts, 2 Dresses
- 4 Bottoms (2 legging stretch pants or jeans, 1 pair of black slacks, 1 pair of shorts if needed)
- 2 Cardigans (for layering and cooler evenings)
- 1 Jacket (windbreaker or casual jacket)
- 1 Packable Rain Jacket or Travel Umbrella
- 7-10 Underwear, 3 Bras (lightweight, quick-dry if possible)
- 4 - 5 Pairs of Socks/Peds
- 3 Pairs of Shoes (1 walking pair, 1 dressier option, 1 pair of sandals)
- 1 Set of Sleepwear
- 1 Swimsuit (if needed)

Accessories:

- 1 Lightweight Scarf (doubles as a blanket or cover-up)
- 1 Hat/Sunglasses
- Jewelry/Accessories (keep it simple)
- 1 Small Handbag (for evenings)
- Crossbody Bag (for daily use while sightseeing)
- Drawstring backpack

Toiletries (TSA-Approved Sizes):

- Shampoo, Conditioner, Hairspray, Hairbrush/Comb
- Toothbrush, Toothpaste, Mouthwash, Floss
- Facial Cleanser, Moisturizers, Washcloth
- Razor, Tweezers, Nail Clippers
- Sunscreen, Deodorant
- Makeup, Travel Mirror, Perfume
- Medications, Vitamins, Cold Medicines, Small First Aid Kit

Personal Items (to go in your personal bag):

- Phone, Charger, Earbuds/Headphones
- Laptop/Tablet & Charger, Cords, Plug Adapters, Portable Wi-Fi (if needed)
- Passport/ID, Travel Documents
- Reusable Water Bottle
- Book or E-Reader
- Snacks/Travel-Sized Food Items, Mints, Gum
- Neck Pillow

Space-Saving Extras:

- Packing Cubes (helps organize your carry-on suitcase)
- Laundry Bag (for dirty clothes)
- Travel-size Laundry Detergent (for hand-washing items)

Pro Tips:

- Wear your bulkiest clothing on travel days (like jackets, jeans, and heavier shoes).



Practical
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Essential Packing List for 2 Weeks: Carry-On Only! (Men)

Clothing:

- 10 Tops (mix of t-shirts and polo shirts)
- 2 Long-sleeved Shirts
- 5 Bottoms (1 pair of dress slacks, 1 pair of casual slacks, 1 pair of jeans, 2 pair of shorts)
- 1 Jacket (a windbreaker or casual jacket)
- 1 Packable Rain Jacket or Travel Umbrella
- 7-10 Underwear, undershirts (quick-dry if possible)
- 7 Pairs of Socks
- 3 Pairs of Shoes (1 comfortable walking pair, 1 dressier option like loafers, 1 pair of sandals)
- 1 Set of Sleepwear
- 1 Swimsuit (if needed)

Accessories:

- 1 Hat/Sunglasses
- Minimal Jewelry
- Drawstring backpack

Toiletries (TSA-Approved Sizes):

- Shampoo and Conditioner
- Toothbrush, Toothpaste, Floss, Mouthwash
- Facial Cleanser, Shaving Kit (razor, shaving cream)
- Deodorant, Sunscreen
- Hairbrush
- Cologne, body spray
- Medications, Vitamins, Cold Medicines, Small First Aid Kit

Personal Items (to go in your personal bag):

- Phone, Charger, Earbuds/Headphones
- Laptop/Tablet & Charger, Cords, Plug Adapters, Portable Wi-Fi (if needed)
- Passport/ID, Travel Documents
- Reusable Water Bottle
- Book or E-Reader
- Snacks/Travel-Sized Food Items, Mints, Gum
- Neck Pillow

Space-Saving Extras:

- Packing Cubes (helps organize your carry-on suitcase)
- Laundry Bag (for dirty clothes)
- Travel-size Laundry Detergent (for hand-washing items)

Pro Tips:

- Wear bulkier items on travel days (like a jacket, jeans, and heavier shoes)



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